

# *Spirit of the Flower*

*A bojutsu workshop  
by Charles Burns*

*Sunday 24th  
May 2026*

10am – 4pm.  
Cost £30.00

*Bring a long staff  
or lightweight bō  
(if you have one)  
I'll lend you one if not.*



Elstree School Sports Hall, Upper Woolhampton, RG7 5TD

Contact Charles: [charles@shintaido.co.uk](mailto:charles@shintaido.co.uk)

Call/WA: **07803 085637**

Image by Chat GPT