

Do you remember a moment in your life when you were so moved by something, - which could be a beautiful melody, the shifting shades and textures of the sky at dawn, or just a smile of someone you love, that your heart opened up and quivered with a sense of wonder?

The theme of the 2016 Daienshu is "響 *Hibiki*", which means "Resonance, Vibration and Sound". We will explore how to listen to our inner voice and that of our partners through touch and movement, as well as singing out our souls with our whole being, reaching out to *Ten* (Heaven/the sky) and echoing deep down into *Chi* (the Earth).

As we welcome the 50th anniversary of the birth of Shintaido this year, let us celebrate by playing a Symphony of Shintaido together! Each of us will be playing our own unique instrument and expressing who we truly are, as well as listening and responding to one another, by following the musical score represented by the fundamental *Kata* (forms) which are filled with universal wisdom. Let us resonate beautiful harmonies that unite us, ringing out into our daily lives, communities, the nature around us, the earth, the sky, and even far out to the stars.

Nagako Cooper

The event begins in the afternoon of Friday 10th and finishes after lunch on Sunday 12th June.

Cost: £225 for BS Members and £250 for non BS Members inclusive of all meals, accommodation and keiko.

Further discounts are available for "early-bird" registrations (by 31 March latest).

Bursaries of £100 for those attending both Daienshu and the International Event in France July 2016 are available subject to specific conditions. For more information contact BS treasurer Jamie Hamilton at jamie@yeshealth.net

At this event the opportunity to take British Shintaido exams will be offered, up to 1kyu in Karate and Bojutsu and up to assistant level in Shintaido.

Final registration deadline for the event and for all exams is: 15th May, 2016.

To register for this event please use the attached form and e-mail it to: terry.bickers@accesstomusic.ac.uk Alternatively post your registration form along with your cheque (made out to British Shintaido) to: Terry Bickers, Flat 3, 3 St Michaels Place, Brighton, BN1 3FT, United Kingdom. If you have any questions please call Terry 07946 338161.

