



SHINTAIDO

## ESC SHINTAIDO EXAMINATION PROGRAM

to be used in Europe from July 2011

Doshu (Master Instructor)	Shintaido Kenjutsu Program (Completion) Substantial contribution to the development of International Shintaido movement**
Dai-Shihan (General instructor)	Kumitachi : San-nin ichiretsu Kyu-kajo N°5 to N°9 Contribution to continental group development and to international group organisation**
Sei-Shihan (Senior instructor)	Kumitachi : Kyu-kajo N°1 to N°5 Kumite : From receiving any attack to Meiso-kumite (Hikari-Wakame) Contribution to regional/national group development and to continental group organisation**
Sei-Shido-in (Instructor)	Shintaido Kenjutsu Kihon Kata N°1 to N°9 Taimyo Kumite : Receiving for Jodan uchite attack (Mae, Yoko, Ushiro, Sagari-irimi) and Tsuki attack (Tenshingoso applications) Contribution to local group development and to regional/national group organisation**
Jun-shido-in (Graduate)	Shintaido Kenjutsu Kihon Kata (see specific program) Eiko (dai) no kumite 1 vs 3. Kirioroshi no kumite (Mae, Yoko, Ushiro, Sagari-irimi) with various stances Tenshingoso applications Gorei to lead a group Toitsu-kihon movement Contribution to local group organisation**
Assistant (Joshu)	Shintaido jump : three options (1 standing, 2 Lower level without jump, 3 Jump) Eiko (dai) Toitsu-kihon - kirikomi/ kiriharai combinations (one count, one or several cuts) Eiko (dai) no kumite (Continually, beyond the limit) (1 vs 1) Gorei for Jumbi-taiso Sensei and group care* Interview on intentions
Koto-ka (Advanced)	Step#1 to #4 Eiko (sei) no kumite (Daijodan vs Toitsu-kihon kirikomi & kiriharai) Eiko (dai) no kumite (just few times, full power) Toitsu-kihon - kiriharai (fudo-dachi zenshin) Hakama care
Chuto-ka (Intermediate)	Meiso-jump (with or without moving) Tenshingoso no kumite (seiza & dai (standing)) Wakame taiso (moving around) Toitsu-kihon - kirikomi (musubi-dachi zenshin) Dojo care
Shoto-ka (Elementary)	Kaikyaku-zenshin (dai) Eiko (dai) Tenshingoso (dai) Wakame taiso (from behind)
Nyumon-ka (Introductory)	Tachi jump (3 kinds of koshi) Tenshingoso (sei) Wakame taiso (from in front) Dojo manners

\* To be reported in a written document

\*\* "Organisation" is meant as in regular group life (board/office or/and project management) and during special events  
According to the level, "development" is meant as actual teaching and leading of a group of related scale, practice development (in related TC or peer group), bringing practitioners up to two dan under the intended level (for higher levels) and public witnessing of Shintaido.